

November 2022

Rolla USD #217 Food Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																	
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		B. Biscuit & Gravy, Strawberries L. Taco Soup, Refried Beans, Tortilla Chips, Broccoli Florets, Kiwi		B. Sausage & Cheese Biscuit, Kiwi L. Corn dog, Tater Tots, Green Beans, Snickerdoodle, Baby Carrots, Watermelon		4																																																																																																																	
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	B. Mini Waffles, Fruit Cocktail L. Hamburger Patty on a Bun, Sweet Potato Fries, Baked Beans, Leaf Lettuce, Sliced Tomatoes, Grapes	B. Pancakes, Sausage Patty, Grapes L. Chicken Nuggets, Mashed Potatoes, Gravy, Roll, Tossed Salad, Peaches	B. Bagel, Peaches L. Baked Ham, Roasted Sweet Potatoes, Green Beans, Biscuit, Peach Crisp, Cantaloupe	B. Cereal, Cinnamon Toast, Cantaloupe L. Macaroni & Cheese, Meatballs, Roll, Baby Carrots, Mandarin Oranges																																																																																																																			
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	B. Biscuit & Gravy, Mandarin Oranges L. Hot Ham & Cheese on a Bun, Potato Wedges, Red Bell Pepper Stripes, Banana	B. Cereal, Scrumptious Coffeecake, Banana L. Pepperoni Pizza, Corn, Chocolate Chip Cookie, Strawberry Spinach Salad, Broccoli Florets, Cherry Tomatoes, Pears	B. Scrambled Eggs, Toast, Pears L. Taco Burger on a Bun, Refried Beans, Tortilla Chips, Leaf Lettuce, Cherry Tomatoes, Baby Carrots, Honeydew	B. French Toast Sticks, Honeydew L. Chicken Patty, Mashed Potatoes, Gravy, Green Beans, Roll, Tropical Fruit																																																																																																																			
20	21	22	23	24	25	26																																																																																																																	
	B. Mini Waffles, Tropical Fruit L. Pizza Soup, Grilled Cheese Sandwich, Stir-Fry Vegetables, Garden Salad, Broccoli Florets, Cottage Cheese, Apple	B. Breakfast Pizza, Apple L. Turkey, Mashed Potatoes, Turkey Gravy, Green Beans, Roll, Pumpkin Pie Dessert	NO SCHOOL- THANKSGIVING BREAK																																																																																																																				
27	28	29	30	<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">Oct 2022</th> <th colspan="7" style="text-align: center;">Dec 2022</th> </tr> <tr> <th style="text-align: center;">S</th><th style="text-align: center;">M</th><th style="text-align: center;">T</th><th style="text-align: center;">W</th><th style="text-align: center;">T</th><th style="text-align: center;">F</th><th style="text-align: center;">S</th> <th style="text-align: center;">S</th><th style="text-align: center;">M</th><th style="text-align: center;">T</th><th style="text-align: center;">W</th><th style="text-align: center;">T</th><th style="text-align: center;">F</th><th style="text-align: center;">S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td style="text-align: center;">1</td><td></td> <td></td><td></td><td></td><td></td><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td> </tr> <tr> <td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td><td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td> <td style="text-align: center;">4</td><td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td> </tr> <tr> <td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td><td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td> <td style="text-align: center;">11</td><td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td> </tr> <tr> <td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td><td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td> <td style="text-align: center;">18</td><td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td> </tr> <tr> <td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td><td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td> <td style="text-align: center;">25</td><td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td> </tr> <tr> <td style="text-align: center;">30</td><td style="text-align: center;">31</td><td></td><td></td><td></td><td></td><td></td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>			Oct 2022							Dec 2022							S	M	T	W	T	F	S	S	M	T	W	T	F	S						1							1	2	3	2	3	4	5	6	7	8	4	5	6	7	8	9	10	9	10	11	12	13	14	15	11	12	13	14	15	16	17	16	17	18	19	20	21	22	18	19	20	21	22	23	24	23	24	25	26	27	28	29	25	26	27	28	29	30	31	30	31												
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	B. Biscuit & Gravy, Apple L. Chicken Tetrazzini, Seasoned Peas, Garlic Bread, Tossed Salad, Sliced Cucumbers, Baby Carrots, Pineapple	B. Cereal, Banana Bread, Pineapple L. Hamburger Patty on a Bun, Baked Beans, Potato Wedges, Leaf Lettuce, Sliced Tomatoes, Red Bell Pepper Stripes, Oranges	B. Chicken & Cheese Biscuit, Fresh Oranges L. Beef & Noodles, Mashed Potatoes, Green Beans, Chocolate Chip Pumpkin Bread, Cherry Tomatoes, Rosy Apple sauce																																																																																																																				

Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.